

## Outline of Basic Act on *Shokuiku* (Food and Nutrition Education)

### 1. Background

Changes in the circumstances affecting the dietary habits of the public in Japan in recent years have led to problems such as nutritional imbalances, irregular eating patterns, an increase in obesity and non-communicable diseases, a fixation with being thin, along with food safety issues and dependence on imports. In light of this, it is of utmost importance to promote *shokuiku* to the public in order to nurture healthy bodies and minds, and cultivate humanity throughout their lifetime.

### 2. Outline of the Act

#### I General Provisions

This Act establishes basic principles for *shokuiku*, the responsibilities of the national and local governments, educators, etc., persons engaged in agriculture, forestry and fishery industries, etc., food-related businesses, etc., and the public, as well as legislative measures and an annual report.  
(Articles 1 to 15)

#### II Basic Plan for the Promotion of *Shokuiku*

The Council for the Promotion of *Shokuiku* is to create the Basic Plan for the Promotion of *Shokuiku* in order to systematically and comprehensively promote measures related to this, and each local government is to endeavor to create plans to promote *shokuiku* in accordance with the Basic Plan for the Promotion of *Shokuiku*.  
(Articles 16 to 18)

#### III Basic Policies

The national and local governments are to promote *shokuiku* in households, schools, childcare centers, etc., promote efforts to improve dietary habits in local communities, expand *shokuiku* promotion campaigns, promote interaction between producers and consumers, vitalize environmentally-friendly agriculture, forestry and fisheries, and support activities to pass down Japanese food culture to future generations, as well as take measures to research, study, and provide information on food safety, nutrition and other dietary habits along with promoting related global exchange.  
(Articles 19 to 25)

#### IV Council for the Promotion of *Shokuiku*

The Ministry of Agriculture, Forestry and Fisheries is to establish the Council for the Promotion of *Shokuiku* to create and implement the Basic Plan for the Promotion of *Shokuiku* (food and nutrition education).  
(Chairperson: Minister of Agriculture, Forestry and Fisheries)  
(Articles 26 to 33)

# 食育基本法の概要

## 1. 背景

近年における国民の食生活をめぐる環境の変化、具体的には、栄養の偏り、不規則な食事、肥満や生活習慣病の増加、過度の痩身志向などの問題、また、食の安全や海外依存の問題の発生に伴い、国民が生涯にわたって健全な心身を培い、豊かな人間性をはぐくむための食育を推進することが緊要な課題。

## 2. 法律の概要

### I 総則

食育に関し、基本理念を定めるとともに、国、地方公共団体、教育関係者等、農林漁業者等、食品関連事業者等及び国民の責務について定めるとともに、法制上の措置等及び年次報告について定める。

(第1条～第15条)

### II 食育推進基本計画等

食育推進会議は、食育の推進に関する施策の総合的かつ計画的な推進を図るため、食育推進基本計画を作成するとともに、地方公共団体は、食育推進基本計画を基本として、当該地方公共団体の区域内における食育推進計画を作成するよう努める。

(第16条～第18条)

### III 基本的施策

国及び地方公共団体は、家庭、学校、保育所等における食育の推進、地域における食生活の改善のための取組の推進、食育推進運動の展開、生産者と消費者との交流の促進、環境と調和のとれた農林漁業の活性化等、食文化の継承のための活動への支援等、食品の安全性、栄養その他の食生活に関する調査、研究、情報の提供及び国際交流の推進等の施策を講ずる。

(第19条～第25条)

### IV 食育推進会議等

農林水産省に、食育推進基本計画を作成し、その実施を推進する食育推進会議を置く。(会長：農林水産大臣)

(第26条～第33条)